

COMPETITION INFORMATION SHEET

Event: West District Cross Country Relay Championships **WEST XCR**
 (Incorporating Masters Championships)
 Venue: Scottish Maritime Museum, Beach Park, 6 Gottries Rd, Irvine, KA11 8QE
 Date: Saturday 13th October 2018

Race	Age Group	BORN DURING		Declarations Close	Race Starts	Laps
YOUNG FEMALES	U13	01/09/2005 to	31/08/2007			
	U15	01/09/2003 to	31/08/2005	1200hrs	1230hrs	3x2500m
	U17	01/09/2001 to	31/08/2003			
YOUNG MALES	U13	01/09/2005 to	31/08/2007			
	U15	01/09/2003 to	31/08/2005	1235hrs	1305hrs	3x2500m
	U17	01/09/2001 to	31/08/2003			
SENIOR/JUNIOR + MASTERS WOMEN		BORN BEFORE 01/09/2001 Masters Age on Day		1310hrs	1340hrs	3x4000m
SENIOR/JUNIOR + MASTERS MEN		BORN BEFORE 01/09/2001 Masters Age on Day		1410hrs	1440hrs	4x4000m
Entries Close first post on:		Thur 27th September 2018		<u>NO LATE ENTRIES</u>		
Address for Entries:		events@scottishathletics.org.uk				
West XC Relays, scottishathletics Ltd, Caledonia House, South Gyle, Edinburgh, EH12 9DQ						
YOUNG ATHLETES RACES						
1st LAP Under 13		2nd LAP Under 15 OR Under 13		3rd LAP Under 17 OR Under 15		

Important Notes

(1) District relays incorporate Masters Championships. There will be a set of Masters gold, silver and bronze medals for both Men and Women. Masters Age Group: from 40 for both Men and Women on race day.

(2) All entered athletes must be members of scottishathletics at the time of the closing date and be in date on race day. Entry forms must include SA Numbers, athletes without valid membership numbers will not be processed.

(3) Athletes who are submitted without a valid membership or out of date membership cannot be added after the closing date.

(4) All competitors MUST compete in the declared order, and an entered athlete MUST NOT be substituted by a non-entered athlete at any time.

(5) Club colours MUST be worn

(6) Students in Full-time Education in Scotland

Students in full-time education in Scotland may compete as 1st claim for both their educational establishment and another Scottish club, but not in the same competition. This is provided that the educational establishment club is confined to students of that establishment. Thus, a student may be entered for two clubs but has to choose one at declaration.

(7) Further information, including Location Map and Course Map, will be available on the Scottish Athletics website.

(8) Club's may only enter a MAXIMUM of 3 TIMES the number of athletes entitled to compete. E.g. For two Senior Men Teams a maximum of 24 eligible athletes.



IRVINE TRAIN STATION 500m

**Venue Post Code
KA12 8PP**

APPROX 400M TO BEACH PARK
FROM REGISTRATION



COACH PARK



OFFICIALS CAR PARK



COMPETITORS CAR PARK (FREE)



START AND FINISH



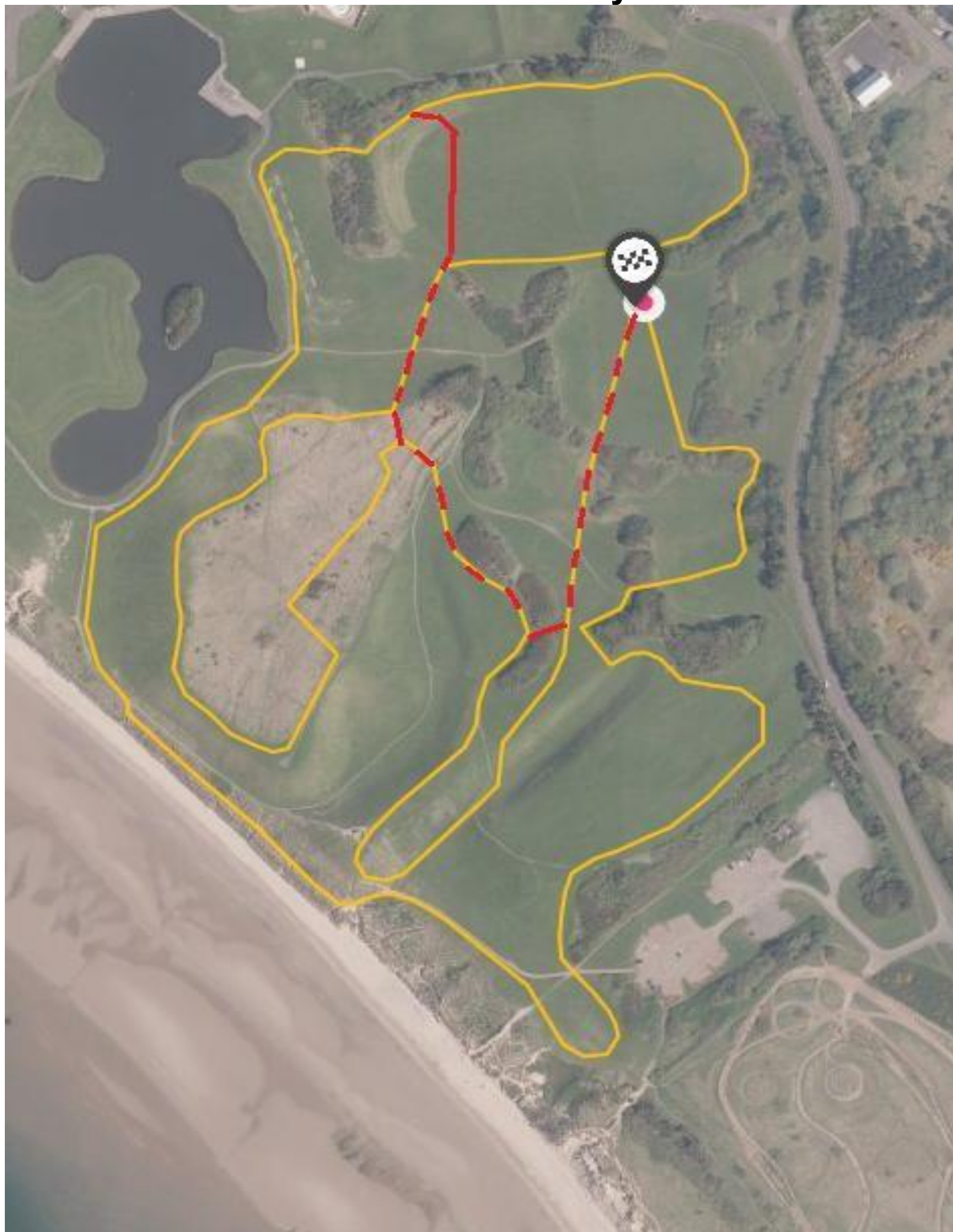
REGISTRATION TEAM MANAGERS ONLY



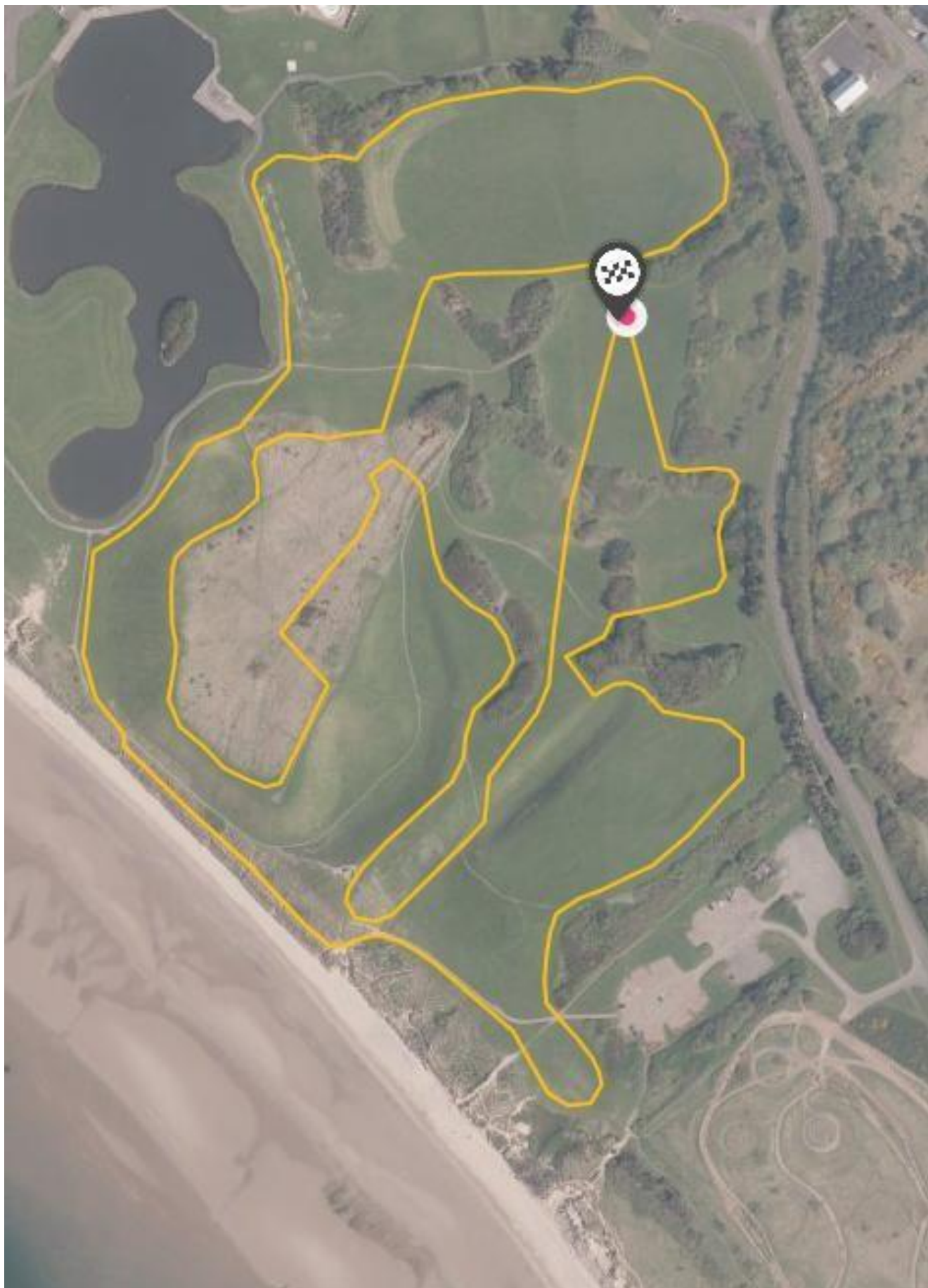
TENTED VILLAGE



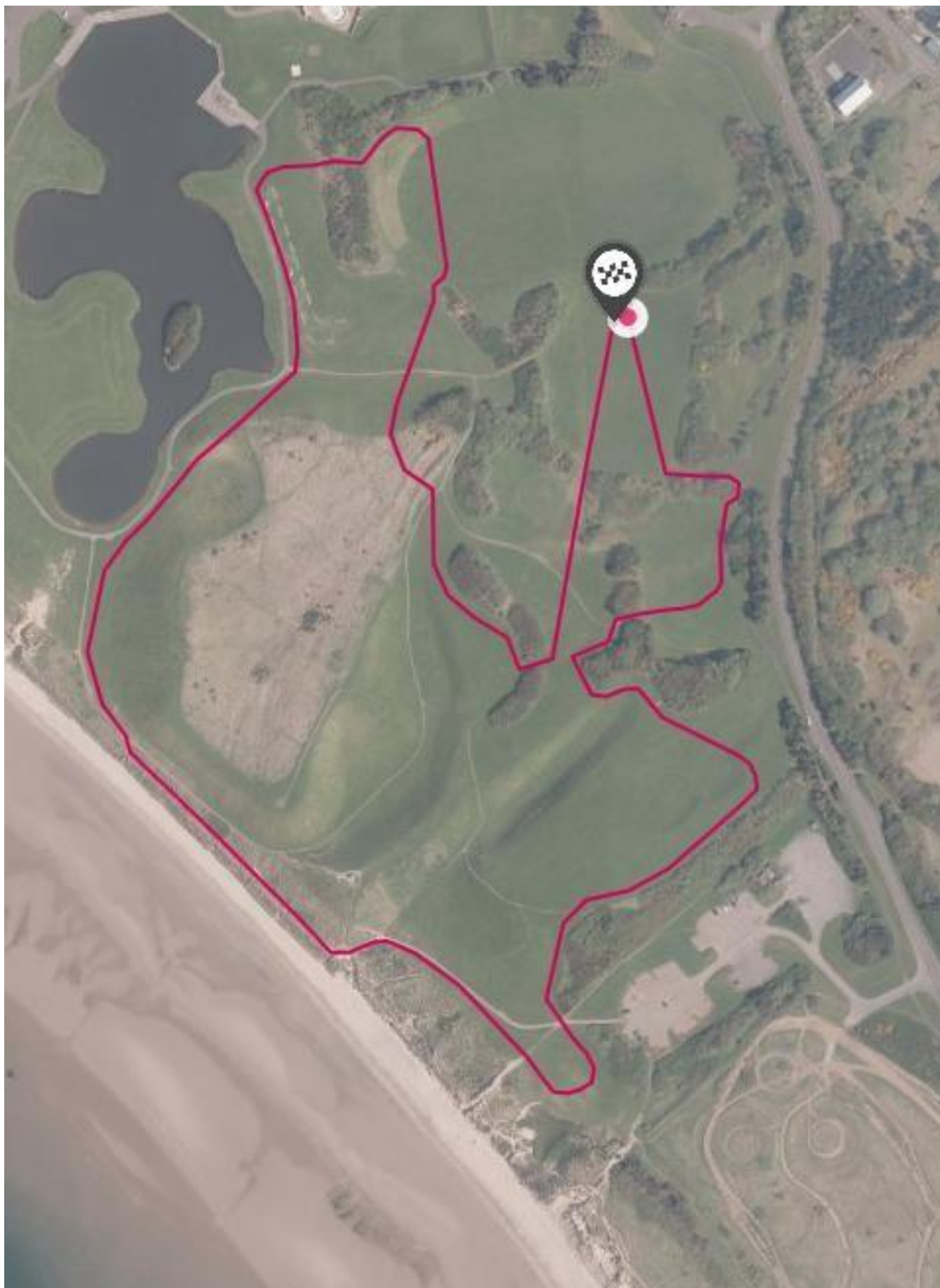
Routes Overlay



SENIORS 4K ROUTE



JUNIORS 2.5KROUTE



Saturday 13th October

Entry Lists - Females

Forename	Surname	Age Group	Club
Toni	McIntosh	(F Sen)	Ayr Seaforth AC
Laura	Wallace	(F Sen)	Ayr Seaforth AC
Gael	Neill	(F40)	Ayr Seaforth AC
Susie	Hubbard	(F45)	Ayr Seaforth AC
Ruth	Kirk	(F45)	Ayr Seaforth AC
Gillian	Hannah	(F50)	Ayr Seaforth AC
Janine	Dickie	(F Sen)	Bellahouston Harriers
Samantha	Eddington	(F Sen)	Bellahouston Harriers
Kristina	Greig	(F Sen)	Bellahouston Harriers
Robyn	Millar	(F Sen)	Bellahouston Harriers
Ola	Okon	(F Sen)	Bellahouston Harriers
Laura	Ritchie	(F Sen)	Bellahouston Harriers
Emma	Rogerson	(F Sen)	Bellahouston Harriers
Karen	Rosling	(F Sen)	Bellahouston Harriers
Jasmine	Shields	(F Sen)	Bellahouston Harriers
Rebecca	Simister	(F Sen)	Bellahouston Harriers
Emma	Sommerville	(F Sen)	Bellahouston Harriers
Maria	Spedsberg	(F Sen)	Bellahouston Harriers
Rebecca	Whitener	(F Sen)	Bellahouston Harriers
Gillian	Glass	(F45)	Bellahouston Harriers
Angela	Carson	(F50)	Bellahouston Harriers
Claire	McCormick	(F50)	Bellahouston Harriers
Linda	Wood	(F50)	Bellahouston Harriers
Christine	McKay	(F55)	Bellahouston Harriers
Jacqueline	Glass	(F60)	Bellahouston Harriers
June	MacLeod	(F60)	Bellahouston Harriers
Danielle	Pearson	(FU20)	Bellahouston Harriers

Saturday 13th October

Entry Lists - Females

Forename	Surname	Age Group	Club
Romy	Beard	(F Sen)	Bellahouston Road Runners
Laura	Henderson	(F Sen)	Bellahouston Road Runners
Joni	Lindsay	(F Sen)	Bellahouston Road Runners
Catriona	MacDonald	(F Sen)	Bellahouston Road Runners
Chi My	Ta	(F Sen)	Bellahouston Road Runners
Anne	Campbell	(F40)	Bellahouston Road Runners
Louise	Ross	(F40)	Bellahouston Road Runners
Heloise	White	(F40)	Bellahouston Road Runners
Mandy	Morgan	(F45)	Bellahouston Road Runners
Madeline	Smillie	(F45)	Bellahouston Road Runners
Roz	Wilson	(F45)	Bellahouston Road Runners
Pauline	Bradley	(F50)	Bellahouston Road Runners
Shona	Donnelly	(F50)	Bellahouston Road Runners
Lynne	Goldie	(F50)	Bellahouston Road Runners
Lynn	Reid	(F50)	Bellahouston Road Runners
Rhoda	Yarmahmoudi	(F50)	Bellahouston Road Runners
Alison	Brown	(F55)	Bellahouston Road Runners
Terry	Nimmo	(F55)	Bellahouston Road Runners
Karen	Allen	(F Sen)	Calderglen Harriers
Julie	Beveridge	(F Sen)	Calderglen Harriers
Alexandra	Hayden	(F Sen)	Calderglen Harriers
Alison	Lessells	(F Sen)	Calderglen Harriers
Joanne	McEvoy	(F Sen)	Calderglen Harriers
Holly	Rankin	(F Sen)	Calderglen Harriers
Kirsty	Wilson	(F Sen)	Calderglen Harriers
Kay	Conneff	(F40)	Calderglen Harriers
Allison	Johnston	(F50)	Calderglen Harriers
Lesley	McArdle	(F Sen)	Cambuslang Harriers
Paula	McCabe	(F Sen)	Cambuslang Harriers
Kirsty	O'Brien	(F Sen)	Cambuslang Harriers
Jacqueline	Etherington	(F40)	Cambuslang Harriers
Lynn	Angely	(F45)	Cambuslang Harriers
Jennifer	Reid	(F45)	Cambuslang Harriers
Bernadete	O'Neil	(F50)	Cambuslang Harriers
Amy	Craig	(FU20)	Cambuslang Harriers
Elaine	McGeachy	(F Sen)	Campbeltown RC

Saturday 13th October

Entry Lists - Females

Forename	Surname	Age Group	Club
Emily	Paxton	(F Sen)	Clydesdale Harriers
Jane	Mayor	(F45)	Clydesdale Harriers
Christine	Duncanson	(F55)	Clydesdale Harriers
Pamela	McCrossan	(F55)	Clydesdale Harriers
Hylida	Stewart	(F60)	Clydesdale Harriers
Victoria	Robertson	(F Sen)	Cumbernauld AAC
Alicia	Paton	(FU20)	Cumbernauld AAC
Lucy	Somerville	(FU20)	Cumbernauld AAC
Charlene	Kelly	(F Sen)	Dumbarton AAC
Lynsey	Lennox	(F Sen)	Dumbarton AAC
Nikki	Lyons	(F Sen)	Dumbarton AAC
Natalie	Robertson	(F Sen)	Dumbarton AAC
Alison	Gallacher	(F40)	Dumbarton AAC
Lindsey	Currie	(F45)	Dumbarton AAC
Melissa	Wylie	(F50)	Dumbarton AAC
Sophie	Canty	(F Sen)	Dumfries Running Club
Nicola	Hood	(F Sen)	Dumfries Running Club
Anne	Macfarlane	(F55)	Dumfries Running Club

Saturday 13th October

Entry Lists - Females

Forename	Surname	Age Group	Club
Amy	Cromarty	(F Sen)	Garscube Harriers
Laura	Gray	(F Sen)	Garscube Harriers
Martha	Lovatt	(F Sen)	Garscube Harriers
Holly	Maciver	(F Sen)	Garscube Harriers
Kirsten	Mathew	(F Sen)	Garscube Harriers
Fiona	Maurer	(F Sen)	Garscube Harriers
Chloe	McAdam	(F Sen)	Garscube Harriers
Claire	Robertson	(F Sen)	Garscube Harriers
Alison	Rutherford	(F Sen)	Garscube Harriers
Casey	Thompson	(F Sen)	Garscube Harriers
Katie	White	(F Sen)	Garscube Harriers
Alison	Wood	(F Sen)	Garscube Harriers
Yvonne	Burgess	(F40)	Garscube Harriers
Lesley	Chisholm	(F40)	Garscube Harriers
Morag	Casey	(F45)	Garscube Harriers
Mary	Ross-Davie	(F45)	Garscube Harriers
Mary	Senior	(F45)	Garscube Harriers
Liz	Short	(F45)	Garscube Harriers
Nighean	Stevenson	(F45)	Garscube Harriers
Barbara	Watt	(F45)	Garscube Harriers
Yvonne	Green	(F55)	Garscube Harriers
Kathryn	Scott	(F55)	Garscube Harriers
Ann	White	(F65)	Garscube Harriers
Debi	Forsyth	(F Sen)	Giffnock North AC
Frances	Lowrie	(F Sen)	Giffnock North AC
Nicola	McBeath	(F Sen)	Giffnock North AC
Heather	Thompson	(F Sen)	Giffnock North AC
Stephanie	Lillie	(F40)	Giffnock North AC
Hilary	Carswell	(F45)	Giffnock North AC
Allie	Chong	(F45)	Giffnock North AC
Sheila	Lewis	(F50)	Giffnock North AC
Catriona	Gourley	(F55)	Giffnock North AC
Charlotte	McKenna	(FU20)	Giffnock North AC
Lynn	McKenna	(FU20)	Giffnock North AC
Rhona	Mowat	(FU20)	Giffnock North AC
Heather	Campbell	(F Sen)	Glasgow Caledonian University
Megan	Gemmell	(F Sen)	Glasgow Caledonian University
Ella	Peters	(F Sen)	Glasgow Caledonian University
Maisie	Watson	(FU20)	Glasgow School of Sport

Saturday 13th October

Entry Lists - Females

Forename	Surname	Age Group	Club
Kirsty	Dickson	(F Sen)	Glasgow University Hare and H
Mikaela	Hannam	(F Sen)	Glasgow University Hare and H
Juliet	Hill	(F Sen)	Glasgow University Hare and H
Dominique	Lynch	(F Sen)	Glasgow University Hare and H
Katherine	Mitchell	(F Sen)	Glasgow University Hare and H
Helen	Mortimer	(F Sen)	Glasgow University Hare and H
Isabelle	Rayner	(F Sen)	Glasgow University Hare and H
Rhianna	Skedje	(F Sen)	Glasgow University Hare and H
Emily	Crusher	(FU20)	Glasgow University Hare and H
Hannah	Gilchrist	(FU20)	Glasgow University Hare and H
Emma	Hunter	(F Sen)	Glasgow University Hare and H
Stefanie	Tucker	(FU20)	Glasgow University Hare and H
Emma	Baxter	(F Sen)	Greenock Glenpark Harriers
Suzanne	Coyle	(F Sen)	Greenock Glenpark Harriers
Lynne	Leslie	(F Sen)	Greenock Glenpark Harriers
Lynsey	Mooney	(F Sen)	Greenock Glenpark Harriers
Fiona	Ramsay	(F Sen)	Greenock Glenpark Harriers
Lisa	Ruddy	(F Sen)	Greenock Glenpark Harriers
Nicola	Stevenson	(F Sen)	Greenock Glenpark Harriers
Cheryl	Thomas	(F Sen)	Greenock Glenpark Harriers
Kirstin	Arthur	(F40)	Greenock Glenpark Harriers
Emma	Benstead	(F40)	Greenock Glenpark Harriers
Sue	Hewitson	(F40)	Greenock Glenpark Harriers
Fiona	Macfarlane	(F40)	Greenock Glenpark Harriers
Marianne	Mckay	(F40)	Greenock Glenpark Harriers
Nathalie	Smith	(F40)	Greenock Glenpark Harriers
Angeline	Austin	(F45)	Greenock Glenpark Harriers
Marian	Monk	(F45)	Greenock Glenpark Harriers
Eileen	Stevenson	(F45)	Greenock Glenpark Harriers
Fiona	Cushnaghan	(F50)	Greenock Glenpark Harriers
Silke	Loehndorf	(F50)	Greenock Glenpark Harriers
Lorna	Coyle	(F55)	Greenock Glenpark Harriers
Yvonne	Prager	(F60)	Greenock Glenpark Harriers
Mia	Forrest	(FU20)	Greenock Glenpark Harriers
Rachael	Bushfield	(F Sen)	Inverclyde AC
Julie	Gordon	(F40)	Inverclyde AC
Karen	Figgins	(F50)	Irvine Running Club
Jennie	Jackson	(F55)	Irvine Running Club
Susan	Rhodes	(F55)	Irvine Running Club

Saturday 13th October

Entry Lists - Females

Forename	Surname	Age Group	Club
Elsbeth	Curran	(F Sen)	Kilbarchan AAC
Sarah	Dempsey	(F Sen)	Kilbarchan AAC
Christina	Rankin	(F Sen)	Kilbarchan AAC
Jennifer	Rooney	(F Sen)	Kilbarchan AAC
Chloe	Simpson	(F Sen)	Kilbarchan AAC
Sharon	Hastie	(F40)	Kilbarchan AAC
Sandra	Houldsworth	(F40)	Kilbarchan AAC
Joanne	McDowall	(F40)	Kilbarchan AAC
Caroline	Cochran	(F45)	Kilbarchan AAC
Julia	Wylie	(F50)	Kilbarchan AAC
Kerry	MacAngus	(FU20)	Kilbarchan AAC
Holly	Thompson	(FU20)	Kilbarchan AAC
Rona	Tytler	(FU20)	Kilbarchan AAC
Amanda	Bryden	(F Sen)	Kilmarnock H&AC
Alanis	Brydon	(F Sen)	Kilmarnock H&AC
Laura	Haggarty	(F Sen)	Kilmarnock H&AC
Kirsty	McNulty	(F40)	Kilmarnock H&AC
Karen	Robertson	(F50)	Kilmarnock H&AC
Paula	Wilson	(F50)	Kilmarnock H&AC
Suzanne	Shaw	(F40)	Kirkintilloch Olympians
Ausrine	Ward	(F40)	Kirkintilloch Olympians
Elaine	Hogg	(F45)	Kirkintilloch Olympians
Marina	McCallum	(F45)	Kirkintilloch Olympians
Anne Marie	McGregor	(F45)	Kirkintilloch Olympians
Belinda	Porteous	(F45)	Kirkintilloch Olympians
Vivien	Fraser	(F50)	Kirkintilloch Olympians
Shirley	MacNab	(F50)	Kirkintilloch Olympians
Moir	Smith	(F50)	Kirkintilloch Olympians
Marie	McChord	(F55)	Kirkintilloch Olympians
Ada	Stewart	(F55)	Kirkintilloch Olympians
Jennifer	Muir	(FU20)	Kirkintilloch Olympians
Sylwia	Baba	(F Sen)	Law & District AAC
Margaret	Newell	(F Sen)	Law & District AAC
Angela	Robson	(F50)	Law & District AAC
Pamela	Newell	(FU20)	Law & District AAC
Clare	Hughes	(F Sen)	Motherwell AC
Susan	Stewart	(F Sen)	Motherwell AC
Joyce	Allardice	(F50)	Motherwell AC
Phyllis	Hands	(F60)	Motherwell AC

Forename	Surname	Age Group	Club
Debbie	Burke	(F Sen)	North Ayrshire AC
Angela	Reid	(F40)	North Ayrshire AC
Vicky	Barnhill	(F45)	North Ayrshire AC
Vanessa	Coffey	(F Sen)	Shettleston Harriers
Mhairi	Donaldson	(F Sen)	Shettleston Harriers
Emma	Dunnett	(F Sen)	Shettleston Harriers
Oonagh	Dunnett	(F Sen)	Shettleston Harriers
Joanne	Harkins	(F Sen)	Shettleston Harriers
Clara	Horswell	(F Sen)	Shettleston Harriers
Ruth	Joss	(F Sen)	Shettleston Harriers
Victoria	Leiper	(F Sen)	Shettleston Harriers
Amy	MacLellan	(F Sen)	Shettleston Harriers
Charlene Sophia	Manley	(F Sen)	Shettleston Harriers
Jennifer	Martin	(F Sen)	Shettleston Harriers
Cara	McCafferty	(F Sen)	Shettleston Harriers
Hayley	McCrorie	(F Sen)	Shettleston Harriers
Gillian	Mckinlay	(F Sen)	Shettleston Harriers
Shannon	McLellan	(F Sen)	Shettleston Harriers
Kathryn	Pennel	(F Sen)	Shettleston Harriers
Fionnuala	Ross	(F Sen)	Shettleston Harriers
Carole	Setchell	(F Sen)	Shettleston Harriers
Laura	Stewart	(F Sen)	Shettleston Harriers
Amleset	Tewelde	(F Sen)	Shettleston Harriers
Avril	Mason	(F40)	Shettleston Harriers
Shona	Robertson	(F45)	Shettleston Harriers
Michelle	Sandison	(F Sen)	Springburn Harriers
Hannah	Terrance	(F Sen)	Springburn Harriers
Barbara	Knox	(F55)	Springburn Harriers
Chloe	Adie	(F Sen)	Strathclyde Univ Harriers
Lucy	Cameron	(F Sen)	Strathclyde Univ Harriers
Megan	Cassidy	(F Sen)	Strathclyde Univ Harriers
Marie-Louise	Slater	(F Sen)	Strathclyde Univ Harriers
Madeleine	Watson	(F Sen)	Strathclyde Univ Harriers
Joanna	Gillies	(FU20)	Strathclyde Univ Harriers
Katy	McGonigal	(FU20)	Strathclyde Univ Harriers
Emily	McNicol	(FU20)	Strathclyde Univ Harriers
Chloe	Murphy	(FU20)	Strathclyde Univ Harriers
Sharon	McNicol	(F Sen)	Troon Tortoises AC
Joan	McIntosh	(F50)	Troon Tortoises AC

Saturday 13th October

Entry Lists - Females

Forename	Surname	Age Group	Club
Gillian	Black	(F Sen)	VP-Glasgow AC
Donna	Finlayson	(F Sen)	VP-Glasgow AC
Mhairi	Hendry	(F Sen)	VP-Glasgow AC
Stephanie	Lawrie	(F Sen)	VP-Glasgow AC
Philippa	Millage	(F Sen)	VP-Glasgow AC
Josephine	Moultrie	(F Sen)	VP-Glasgow AC
Grace	Norman	(F Sen)	VP-Glasgow AC
Diane	Ramsay	(F Sen)	VP-Glasgow AC
Anna	Tait	(F Sen)	VP-Glasgow AC
Suzanne	Gilmour	(F40)	VP-Glasgow AC
Amy	Bissett	(FU20)	VP-Glasgow AC
Robyn	Connolly	(FU20)	VP-Glasgow AC
Holly	Little	(FU20)	VP-Glasgow AC
Gaynor	Gillespie	(F50)	Westerlands XC Club
Lorna	Mahoney	(F50)	Westerlands XC Club
Margo	James	(F55)	Westerlands XC Club
Muffy	Calder	(F60)	Westerlands XC Club

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Sean	Aitken	(M Sen)	Ayr Seaforth AC
Laurence	Baker	(M60)	Ayr Seaforth AC
Craig	Brown	(M Sen)	Ayr Seaforth AC
Mark	Caldwell	(M45)	Ayr Seaforth AC
Tim	Downie	(M60)	Ayr Seaforth AC
John	Hannah	(M40)	Ayr Seaforth AC
Grahame	Hopper	(M Sen)	Ayr Seaforth AC
Simon	Kirk	(M45)	Ayr Seaforth AC
Peter	Laing	(M55)	Ayr Seaforth AC
Stuart	McColm	(M50)	Ayr Seaforth AC
Stephen	McCrorie	(M45)	Ayr Seaforth AC
Stuart	McLean	(M45)	Ayr Seaforth AC
Alasdair	Meldrum	(M45)	Ayr Seaforth AC
Ian	Morrison	(M50)	Ayr Seaforth AC
Kenneth	Neill	(M40)	Ayr Seaforth AC
Iain	Pettigrew	(M50)	Ayr Seaforth AC
Brian	Robinson	(M40)	Ayr Seaforth AC
Paul	Turnbull	(M55)	Ayr Seaforth AC

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Fraser	Armstrong	(M Sen)	Bellahouston Harriers
Brent	Brodie	(M45)	Bellahouston Harriers
Paul	Burningham	(M40)	Bellahouston Harriers
Paul	Clawson	(M Sen)	Bellahouston Harriers
Conor	Doherty	(M Sen)	Bellahouston Harriers
Calum	Ferguson	(M Sen)	Bellahouston Harriers
Donald	Ferguson	(M Sen)	Bellahouston Harriers
Graeme	Gemmell	(M50)	Bellahouston Harriers
Michael	Gowans	(M Sen)	Bellahouston Harriers
Paul	Houston	(M50)	Bellahouston Harriers
Daniel	Humble	(M Sen)	Bellahouston Harriers
Thomas	Keenan	(M60)	Bellahouston Harriers
Stuart	Macdonald	(M55)	Bellahouston Harriers
Mark	Matheson	(M Sen)	Bellahouston Harriers
Simon	McDougall	(M Sen)	Bellahouston Harriers
Graham	McMillan	(M50)	Bellahouston Harriers
Darren	McQuade	(M Sen)	Bellahouston Harriers
Darren	Murray	(M45)	Bellahouston Harriers
Mark	Porter	(M Sen)	Bellahouston Harriers
Darren	Shields	(M Sen)	Bellahouston Harriers
Thomas	Smith	(M Sen)	Bellahouston Harriers
Kenneth	Taylor	(M Sen)	Bellahouston Harriers
Greg	Templeton	(M Sen)	Bellahouston Harriers
Gregor	Yates	(M Sen)	Bellahouston Harriers

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Marc	Bromwich	(M Sen)	Bellahouston Road Runners
Kenneth	Crawford	(M50)	Bellahouston Road Runners
David	Ferguson	(M Sen)	Bellahouston Road Runners
Tom	Ferris	(M45)	Bellahouston Road Runners
Colin	Hughes	(M50)	Bellahouston Road Runners
Niall	Kennedy	(M40)	Bellahouston Road Runners
Richard	Leyton	(M45)	Bellahouston Road Runners
Christopher	Logue	(M40)	Bellahouston Road Runners
Kenny	McDonald	(M45)	Bellahouston Road Runners
Stephen	McQuade	(M Sen)	Bellahouston Road Runners
Bryan	Mulgrew	(M Sen)	Bellahouston Road Runners
Grant	Murphy	(M Sen)	Bellahouston Road Runners
Graeme	Paterson	(M40)	Bellahouston Road Runners
Kevin	Queenan	(M45)	Bellahouston Road Runners
Jim	Robinson	(M55)	Bellahouston Road Runners
Stuart	Telfer	(M45)	Bellahouston Road Runners
Simon	Wells	(M Sen)	Bellahouston Road Runners
Martin	White	(M45)	Bellahouston Road Runners

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Colin	Banks	(M40)	Calderglen Harriers
John	Boyd	(M55)	Calderglen Harriers
Andrew	Buchanan	(M Sen)	Calderglen Harriers
Andrew	Buchanan	(M Sen)	Calderglen Harriers
William	Buchanan	(M65)	Calderglen Harriers
Russell	Couper	(M50)	Calderglen Harriers
Alan	Cullie	(M50)	Calderglen Harriers
Alan	Derrick	(M50)	Calderglen Harriers
Martin	Duthie	(M55)	Calderglen Harriers
Geo	Ferguson	(M55)	Calderglen Harriers
Andrew	Henderson	(M65)	Calderglen Harriers
Jim	Holmes	(M50)	Calderglen Harriers
Martin	Howell	(M50)	Calderglen Harriers
Richard	Lawton	(M40)	Calderglen Harriers
Kenny	Leinster	(M55)	Calderglen Harriers
Charlie	Mcdougall	(M70)	Calderglen Harriers
Gordon	McInally	(M50)	Calderglen Harriers
Allan	McLellan	(M60)	Calderglen Harriers
Jim	Mearns	(M50)	Calderglen Harriers
Gerard	Mullen	(M55)	Calderglen Harriers
Stephen	Phimister	(M45)	Calderglen Harriers
Ian	Rae	(M50)	Calderglen Harriers
Edward	Reid	(M55)	Calderglen Harriers
Paul	Rooney	(M40)	Calderglen Harriers
Mark	Saez	(M45)	Calderglen Harriers
David	Searil	(M60)	Calderglen Harriers
Charles	Steven	(M55)	Calderglen Harriers
George	Stewart	(M55)	Calderglen Harriers
David	Watt	(M55)	Calderglen Harriers
Stuart	Waugh	(M65)	Calderglen Harriers

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Alasdair	Campbell	(M Sen)	Cambuslang Harriers
Alistair	Campbell	(M Sen)	Cambuslang Harriers
Kenneth	Campbell	(M40)	Cambuslang Harriers
Andrew	Carey	(MU20)	Cambuslang Harriers
Eamon	Carr	(MU20)	Cambuslang Harriers
Edward	Carr	(M55)	Cambuslang Harriers
Justin	Carter	(M45)	Cambuslang Harriers
Iain	Crawford	(M50)	Cambuslang Harriers
Des	Dickson	(M55)	Cambuslang Harriers
Ryan	Donnelly	(MU20)	Cambuslang Harriers
Stuart	Gibson	(M Sen)	Cambuslang Harriers
Kevan	Harvey	(M Sen)	Cambuslang Harriers
Benjamin	Hukins	(M40)	Cambuslang Harriers
Scott	Hunter	(M45)	Cambuslang Harriers
Craig	Jardine	(M Sen)	Cambuslang Harriers
John	Kelly	(M45)	Cambuslang Harriers
Paul	Kernohan	(M40)	Cambuslang Harriers
Jamie	MacKinnon	(MU20)	Cambuslang Harriers
John	McCluskey	(M45)	Cambuslang Harriers
Thomas	McDonald	(M Sen)	Cambuslang Harriers
Kyle	McLellan	(M Sen)	Cambuslang Harriers
Connor	McRae	(M Sen)	Cambuslang Harriers
Iain	Nicholl	(M40)	Cambuslang Harriers
Daniel	O'Connell	(M50)	Cambuslang Harriers
Michael	O'Hagan	(M45)	Cambuslang Harriers
Drew	Pollock	(MU20)	Cambuslang Harriers
Jamie	Reid	(M45)	Cambuslang Harriers
Gordon	Robertson	(M Sen)	Cambuslang Harriers
David	Savage	(M Sen)	Cambuslang Harriers
Gavin	Smith	(MU20)	Cambuslang Harriers
Fraser	Stewart	(M Sen)	Cambuslang Harriers
David	Thom	(M55)	Cambuslang Harriers
Charles	Thomson	(M50)	Cambuslang Harriers
Ryan	Thomson	(M Sen)	Cambuslang Harriers
Chris	Upton	(M55)	Cambuslang Harriers

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Drew	Dutton	(M Sen)	Campbeltown RC
Ruaridh	Macgregor	(M Sen)	Campbeltown RC
Stuart	McGeachy	(M Sen)	Campbeltown RC
Iain	McKinnon	(M40)	Campbeltown RC
Garry	Muir	(M Sen)	Campbeltown RC
James	Murdoch	(M Sen)	Campbeltown RC
Ewan	Smith	(M50)	Campbeltown RC
Peter	Bowman	(M Sen)	Clydesdale Harriers
Daniel	Burns	(M Sen)	Clydesdale Harriers
Paul	Carroll	(M45)	Clydesdale Harriers
Pete	Cartwright	(M75)	Clydesdale Harriers
Tony	Dolan	(M Sen)	Clydesdale Harriers
Kevin	Farmer	(M Sen)	Clydesdale Harriers
Hugh	Laverty	(M60)	Clydesdale Harriers
Cameron	MacLeod	(M Sen)	Clydesdale Harriers
Michael	Miller	(MU20)	Clydesdale Harriers
Ryan	Nelson	(M Sen)	Clydesdale Harriers
Iain	Robertson	(M40)	Clydesdale Harriers
Peter	Rudzinski	(M65)	Clydesdale Harriers
Robert	Young	(M70)	Clydesdale Harriers
Stephen	Allan	(M45)	Cumbernauld AAC
Robert	Bartley	(M40)	Cumbernauld AAC
Vincent	Carroll	(M45)	Cumbernauld AAC
Howard	Elliott	(M50)	Cumbernauld AAC
Martin	Fitchie	(M40)	Cumbernauld AAC
Greig	Glendinning	(M45)	Cumbernauld AAC
David	Hogg	(M45)	Cumbernauld AAC
Robert	Keenan	(M Sen)	Cumbernauld AAC
Colin	Langan	(M Sen)	Cumbernauld AAC
Ross	McEachern	(M50)	Cumbernauld AAC
Paul	McMonagle	(M45)	Cumbernauld AAC
Martin	Paton	(M Sen)	Cumbernauld AAC

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Stephen	Cole	(M45)	Dumbarton AAC
Peter	Currie	(M45)	Dumbarton AAC
David	Fenwick	(M Sen)	Dumbarton AAC
Paul	Kelly	(M Sen)	Dumbarton AAC
Simon	Lennox	(M40)	Dumbarton AAC
Graeme	Lyons	(M Sen)	Dumbarton AAC
Chris	McClelland	(M Sen)	Dumbarton AAC
John	McLean	(M Sen)	Dumbarton AAC
Kieran	McQuade	(M Sen)	Dumbarton AAC
Craig	Nolan	(M Sen)	Dumbarton AAC
Peter	Walsh	(M Sen)	Dumbarton AAC
Peter	Walsh	(M60)	Dumbarton AAC
Grant	Baillie	(M Sen)	East Kilbride A.C.
Michael	Carlin	(M40)	East Kilbride A.C.
Keith	Charters	(M50)	East Kilbride A.C.
Jamie	Clements	(M Sen)	East Kilbride A.C.
Gordon	Colvin	(M55)	East Kilbride A.C.
John	Fergusson	(M Sen)	East Kilbride A.C.
Vincent	Glennon	(M45)	East Kilbride A.C.
Ross	Grant	(M Sen)	East Kilbride A.C.
Graeme	Haddow	(M55)	East Kilbride A.C.
Vincent	Hastings	(M Sen)	East Kilbride A.C.
Jack	Kirwan	(M Sen)	East Kilbride A.C.
Luke	Kirwan	(M Sen)	East Kilbride A.C.
Derek	Leitch	(M65)	East Kilbride A.C.
Stuart	MacDonald	(M45)	East Kilbride A.C.
Kenny	Mcnamee	(M45)	East Kilbride A.C.
Arthur	Mulholland	(M55)	East Kilbride A.C.
Gerard	O'Neil	(M40)	East Kilbride A.C.
Brian	O'Neill	(M45)	East Kilbride A.C.
Daryl	Reid	(M Sen)	East Kilbride A.C.
David	Ross	(M Sen)	East Kilbride A.C.
David	Thomson	(M Sen)	East Kilbride A.C.
Niall	Walker	(M Sen)	East Kilbride A.C.
Christopher	White	(M40)	East Kilbride A.C.

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Norman	Baillie	(M70)	Garscube Harriers
Thomas	Berry	(MU20)	Garscube Harriers
James	Boyle	(M45)	Garscube Harriers
Craig	Brown	(M45)	Garscube Harriers
David	Carr	(M Sen)	Garscube Harriers
Mark	Cathro	(M50)	Garscube Harriers
Alexander	Chalmers	(M50)	Garscube Harriers
Alexander	Chisholm	(M60)	Garscube Harriers
Andrew	Cook	(M40)	Garscube Harriers
John	Coyle	(M45)	Garscube Harriers
Robert	Cuthbertson	(M60)	Garscube Harriers
Stuart	Donald	(M Sen)	Garscube Harriers
Martin	Egan	(M50)	Garscube Harriers
Charles	Gordon	(M50)	Garscube Harriers
Nick	Heaney	(M40)	Garscube Harriers
David	Heppell	(M70)	Garscube Harriers
Gavin	Hinde	(M40)	Garscube Harriers
Ade	Kearns	(M55)	Garscube Harriers
David	Lindsay	(M40)	Garscube Harriers
James	Macleod	(M Sen)	Garscube Harriers
Alasdair	MacMillan	(M Sen)	Garscube Harriers
Garry	Mathew	(M Sen)	Garscube Harriers
Alan	Mcintosh	(M Sen)	Garscube Harriers
David	McKay	(M Sen)	Garscube Harriers
Duncan	McKellar	(M Sen)	Garscube Harriers
Robert	McLennan	(M55)	Garscube Harriers
Donald	McPartlin	(M Sen)	Garscube Harriers
Robert	Morrison	(M50)	Garscube Harriers
John	Murray	(M40)	Garscube Harriers
Stephen	Porteous	(M Sen)	Garscube Harriers
Peter	Scott	(M Sen)	Garscube Harriers
Daniel	Scroop	(M45)	Garscube Harriers
Raghibir	Singh	(M70)	Garscube Harriers
Athole	Smith	(M55)	Garscube Harriers
Cody	Stevenson	(MU20)	Garscube Harriers
Mark	Thistlethwaite	(M Sen)	Garscube Harriers
Keith	Wall	(M40)	Garscube Harriers
Stephen	Wilson	(M50)	Garscube Harriers

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Nicholas	Boyle	(MU20)	Giffnock North AC
Luke	Chamberlain	(M45)	Giffnock North AC
David	Chong	(M50)	Giffnock North AC
Andrew	Clark	(M Sen)	Giffnock North AC
Rob	Crusher	(M50)	Giffnock North AC
Michael	Ewing	(M50)	Giffnock North AC
Niall	Fraser	(M Sen)	Giffnock North AC
Nikolai	Gajic	(MU20)	Giffnock North AC
Ted	Gourley	(M55)	Giffnock North AC
Chris	Greenhalgh	(M45)	Giffnock North AC
Kieran	Killen	(MU20)	Giffnock North AC
Joseph	Lowrie	(MU20)	Giffnock North AC
Andy	Macdonald	(M40)	Giffnock North AC
Stuart	Macdonald	(M Sen)	Giffnock North AC
Jordan	Orr	(M Sen)	Giffnock North AC
Colin	Porter	(M40)	Giffnock North AC
David	Sawyer	(M45)	Giffnock North AC
Christopher	Smith	(M50)	Giffnock North AC
Jason	Steele	(M45)	Giffnock North AC
Alan	Stewart	(M65)	Giffnock North AC
Mark	Sutherland	(M40)	Giffnock North AC
Derren	Thomson	(M45)	Giffnock North AC
Ewan	Wallace	(M40)	Giffnock North AC
Colin	Wylie	(M45)	Giffnock North AC

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Michal	Dabrowski	(MU20)	Glasgow Caledonian University
Martin	Donnelly	(MU20)	Glasgow Caledonian University
Guillaume	Itou	(MU20)	Glasgow Caledonian University
Gaspard	Leblanc	(M Sen)	Glasgow Caledonian University
Iain	Paton	(M Sen)	Glasgow Caledonian University
Derek	Scott	(M Sen)	Glasgow Caledonian University
Jamie	Shuttleworth	(M Sen)	Glasgow Caledonian University
Timothy	Wong	(MU20)	Glasgow Caledonian University
Anthony	Addison	(MU20)	Glasgow University Hare and H
Thomas	Callan	(M Sen)	Glasgow University Hare and H
Gregor	Gillespie	(MU20)	Glasgow University Hare and H
Robert	Kennedy	(M Sen)	Glasgow University Hare and H
John	Melvin	(MU20)	Glasgow University Hare and H
Andrew	Merry	(MU20)	Glasgow University Hare and H
Lewis	Priest	(MU20)	Glasgow University Hare and H
Euan	Rose	(M Sen)	Glasgow University Hare and H
Aidan	Schramm	(MU20)	Glasgow University Hare and H
Craig	Smith	(MU20)	Glasgow University Hare and H

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Duncan	Anderson	(M Sen)	Greenock Glenpark Harriers
Paul	Beaton	(M40)	Greenock Glenpark Harriers
David	Benstead	(M45)	Greenock Glenpark Harriers
Ryan	Brown	(MU20)	Greenock Glenpark Harriers
Steven	Campbell	(M40)	Greenock Glenpark Harriers
John	Carruthers	(M45)	Greenock Glenpark Harriers
Daniel	Doherty	(M Sen)	Greenock Glenpark Harriers
Robert	Dolan	(M45)	Greenock Glenpark Harriers
Michael	Dunn	(M60)	Greenock Glenpark Harriers
Kevin James	Gill	(M50)	Greenock Glenpark Harriers
Ian	Hanley	(M Sen)	Greenock Glenpark Harriers
Stephen	Hanley	(M Sen)	Greenock Glenpark Harriers
Michael	Harrington	(M55)	Greenock Glenpark Harriers
Thomas	Loehndorf	(M50)	Greenock Glenpark Harriers
Shaun	Lyon	(M Sen)	Greenock Glenpark Harriers
Malcolm	Maclean	(M40)	Greenock Glenpark Harriers
Derrick	MacNish	(M50)	Greenock Glenpark Harriers
Sean	Marshall	(M40)	Greenock Glenpark Harriers
Robin	McAuslan	(M55)	Greenock Glenpark Harriers
Andrew	McCall	(M Sen)	Greenock Glenpark Harriers
George	McCallum	(M45)	Greenock Glenpark Harriers
Graham	Mcgrattan	(M60)	Greenock Glenpark Harriers
Daniel	McLaughlin	(M55)	Greenock Glenpark Harriers
Michael	Mcloone Snr	(M55)	Greenock Glenpark Harriers
Frank	McMahon	(M65)	Greenock Glenpark Harriers
Paul	Monaghan	(M45)	Greenock Glenpark Harriers
Christopher	Mooney	(M Sen)	Greenock Glenpark Harriers
Ross	Neilson	(M40)	Greenock Glenpark Harriers
David	Ness	(M50)	Greenock Glenpark Harriers
Andrew	Osborne	(M Sen)	Greenock Glenpark Harriers
David	Rafferty	(M50)	Greenock Glenpark Harriers
Stephen	Reid	(M45)	Greenock Glenpark Harriers
David	Roberts	(M Sen)	Greenock Glenpark Harriers
Steven	Smith	(M50)	Greenock Glenpark Harriers
John	Stevenson	(M45)	Greenock Glenpark Harriers
Stephen	Trainer	(M Sen)	Greenock Glenpark Harriers
Steven	Watson	(M Sen)	Greenock Glenpark Harriers
Andrew	White	(M45)	Greenock Glenpark Harriers

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
John	Bell	(M Sen)	Inverclyde AC
Dylan	Crawford	(MU20)	Inverclyde AC
Mark	Doherty	(M Sen)	Inverclyde AC
Andrew	Douglas	(M Sen)	Inverclyde AC
Sean	Fontana	(M Sen)	Inverclyde AC
Gerard	Gaffney	(M60)	Inverclyde AC
Nicholas	Gemmell	(M45)	Inverclyde AC
Robert	Gray	(M45)	Inverclyde AC
Ross	Gray	(M Sen)	Inverclyde AC
Ryan	Gray	(MU20)	Inverclyde AC
Jon	Hammerman	(M Sen)	Inverclyde AC
Andrew	Harkins	(M40)	Inverclyde AC
Adam	Hay	(MU20)	Inverclyde AC
David	Henderson	(M Sen)	Inverclyde AC
Michael	Houston	(M Sen)	Inverclyde AC
Callum	Hunter	(M Sen)	Inverclyde AC
Graeme	Hyett	(M Sen)	Inverclyde AC
Thomas	Jamieson	(M Sen)	Inverclyde AC
Jason	Kane	(M Sen)	Inverclyde AC
Damien	Mallet	(M40)	Inverclyde AC
Neil	McLaughlin	(M40)	Inverclyde AC
Gavin	Morrison	(M50)	Inverclyde AC
Ben	Nichol	(MU17)	Inverclyde AC
Mark	Pollard	(M Sen)	Inverclyde AC
Craig	Ruddy	(M Sen)	Inverclyde AC
David	Tamburini	(M40)	Inverclyde AC
Peter	Tucker	(M Sen)	Inverclyde AC
Cameron	Watson	(MU20)	Inverclyde AC

scottishathletics West District Cross Country Relays Championships Beach Park, Irvine
 Saturday 13th October Entry Lists - Males

Forename	Surname	Age Group	Club
Alex	Allardyce	(M45)	Irvine Running Club
Tommy	Begley	(M45)	Irvine Running Club
David	Blane	(M50)	Irvine Running Club
Fergie	Collier	(M55)	Irvine Running Club
Alan	Douglas	(M Sen)	Irvine Running Club
Ryan	Evans	(M Sen)	Irvine Running Club
Ross	Harvey	(M Sen)	Irvine Running Club
George	Irving	(M50)	Irvine Running Club
Paul	Lafferty	(M Sen)	Irvine Running Club
Mark	Livingstone	(M45)	Irvine Running Club
Graeme	Macfarlane	(M40)	Irvine Running Club
Steven	McDougall	(M Sen)	Irvine Running Club
Tony	McKnight	(M50)	Irvine Running Club
Owen	McWilliams	(M Sen)	Irvine Running Club
David	Millar	(M45)	Irvine Running Club
Colin	Miller	(M60)	Irvine Running Club
Billy	Richardson	(M45)	Irvine Running Club
James	Sneddon	(M50)	Irvine Running Club
Colin	Whitby	(M Sen)	Irvine Running Club
Cameron	Corrigan	(MU20)	Kilbarchan AAC
Robbie	Ferguson	(MU20)	Kilbarchan AAC
Derek J	Hawkins	(M Sen)	Kilbarchan AAC
Craig	Kennedy	(MU20)	Kilbarchan AAC
Stuart	Kerr	(M Sen)	Kilbarchan AAC
Andrew	MacAngus	(MU20)	Kilbarchan AAC
Connor	Maclean	(M Sen)	Kilbarchan AAC
Callum	Matthews	(M Sen)	Kilbarchan AAC
Victor	McGregor	(M Sen)	Kilbarchan AAC
Ewan	McKerral	(M Sen)	Kilbarchan AAC
Donald	Petrie	(M60)	Kilbarchan AAC
Conor	Thomson	(MU20)	Kilbarchan AAC
Cameron	Wright	(MU20)	Kilbarchan AAC

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Mark	Alexander	(M40)	Kilmarnock H&AC
Kevin	Beck	(M Sen)	Kilmarnock H&AC
Mario	Campagna	(M45)	Kilmarnock H&AC
James	Connelly	(M45)	Kilmarnock H&AC
Douglas	Dickson	(M50)	Kilmarnock H&AC
Matthew	Dodds	(M60)	Kilmarnock H&AC
Connell	Drummond	(M45)	Kilmarnock H&AC
Kenneth	Dudgeon	(M Sen)	Kilmarnock H&AC
Stephen	Emerson	(M Sen)	Kilmarnock H&AC
Colin	Glencorse	(M40)	Kilmarnock H&AC
Robert	Lindsay	(M45)	Kilmarnock H&AC
Richard	Mair	(M Sen)	Kilmarnock H&AC
Paul	Markac	(M Sen)	Kilmarnock H&AC
Scott	Martin	(M50)	Kilmarnock H&AC
Stewart	McAllister	(M Sen)	Kilmarnock H&AC
John	McClarty	(M50)	Kilmarnock H&AC
Murray	McDonald	(M Sen)	Kilmarnock H&AC
David	McLure	(M Sen)	Kilmarnock H&AC
David	Moody	(M Sen)	Kilmarnock H&AC
Stuart	Nibloe	(M Sen)	Kilmarnock H&AC
Jamie	Nix	(MU20)	Kilmarnock H&AC
Gordon	Reid	(M45)	Kilmarnock H&AC
John	Speirs	(M40)	Kilmarnock H&AC
Dan	Thompson	(M Sen)	Kilmarnock H&AC
John	Tougher	(M45)	Kilmarnock H&AC
James	Wales	(M Sen)	Kilmarnock H&AC
Cameron	Wilson	(M Sen)	Kilmarnock H&AC

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Daniel	Chandler	(M40)	Kirkintilloch Olympians
Robert	Conroy	(M40)	Kirkintilloch Olympians
Euan	Craig	(M Sen)	Kirkintilloch Olympians
Alastair	Dunlop	(M60)	Kirkintilloch Olympians
James	Gallacher	(M55)	Kirkintilloch Olympians
Gavin	Harvie	(M45)	Kirkintilloch Olympians
Graham	McCabe	(M45)	Kirkintilloch Olympians
Eddie	McClone	(M Sen)	Kirkintilloch Olympians
Jason	McMinn	(M Sen)	Kirkintilloch Olympians
Norman	Mcneill	(M40)	Kirkintilloch Olympians
Gary	Mitchell	(M50)	Kirkintilloch Olympians
Owen	Murphy	(M Sen)	Kirkintilloch Olympians
David	Murray	(M Sen)	Kirkintilloch Olympians
Teginder	Padda	(M40)	Kirkintilloch Olympians
John	Pugh	(M50)	Kirkintilloch Olympians
Tony	Quinn	(M60)	Kirkintilloch Olympians
Kenny	Robertson	(M Sen)	Kirkintilloch Olympians
Robert	Rogerson	(M55)	Kirkintilloch Olympians
Gary	Shaw	(M40)	Kirkintilloch Olympians
Stephen	Tominey	(M50)	Kirkintilloch Olympians
Mark	Tyrrell	(M Sen)	Kirkintilloch Olympians
Robert	Watson	(M55)	Kirkintilloch Olympians
John	Wells	(M45)	Kirkintilloch Olympians
Mark	Welsford	(M45)	Kirkintilloch Olympians

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Conor	Butters	(MU20)	Law & District AAC
Kieran	Cubis	(MU20)	Law & District AAC
William	Drysdale	(M80+)	Law & District AAC
Ben	Fountain	(MU20)	Law & District AAC
Jim	Gillon	(M50)	Law & District AAC
Bobby	Hill	(M Sen)	Law & District AAC
Ross	Hill	(M Sen)	Law & District AAC
Adam	Kelly	(MU20)	Law & District AAC
James	McClafferty	(MU20)	Law & District AAC
Mark	Milligan	(M45)	Law & District AAC
Darran	Muir	(M40)	Law & District AAC
James	Scullion	(M40)	Law & District AAC
Stephen	Allen	(M50)	Motherwell AC
Peter	Blackmore	(M45)	Motherwell AC
John	Burns	(M55)	Motherwell AC
Paul	Burns	(M Sen)	Motherwell AC
Scott	Dickson	(M Sen)	Motherwell AC
Benjamin	Hands	(M55)	Motherwell AC
Paul	Harkins	(M55)	Motherwell AC
John	Hughes	(M60)	Motherwell AC
Nicholas	Hughes	(M Sen)	Motherwell AC
Christopher	MacDonald	(M Sen)	Motherwell AC
Craig	Mackenzie	(M Sen)	Motherwell AC
Graham	McEwan	(M40)	Motherwell AC
Brian	McLinden	(M60)	Motherwell AC
Robert	Pattinson	(M50)	Motherwell AC
Thomas	Sneddon	(M40)	Motherwell AC
Alan	Tait	(M45)	Motherwell AC
Drummond	Bone	(M45)	North Ayrshire AC
Alan	Donachy	(M45)	North Ayrshire AC
Ian	McIlwraith	(M45)	North Ayrshire AC
Mark	Preston	(M Sen)	North Ayrshire AC
Douglas	Rae	(M40)	North Ayrshire AC

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Joe	Arnaud	(MU20)	Shettleston Harriers
Peter	Avent	(M Sen)	Shettleston Harriers
William	Bardsley	(M Sen)	Shettleston Harriers
Grant	Boyne	(M Sen)	Shettleston Harriers
Daniel	Bradford	(M Sen)	Shettleston Harriers
William	Breckenridge	(M50)	Shettleston Harriers
Kevin	Brydon	(M Sen)	Shettleston Harriers
James	Burns	(M60)	Shettleston Harriers
Jamie	Burns	(MU20)	Shettleston Harriers
Lachlan	Calder	(M Sen)	Shettleston Harriers
Gavyn	Chalmers	(M Sen)	Shettleston Harriers
Lucas	Cheskin	(M Sen)	Shettleston Harriers
Stephen	Clark	(M Sen)	Shettleston Harriers
John	Connaghan	(M45)	Shettleston Harriers
William	Coyle	(M55)	Shettleston Harriers
Michael	Deason	(M Sen)	Shettleston Harriers
Callum	Drummond	(M Sen)	Shettleston Harriers
John J	Duffy	(M50)	Shettleston Harriers
Daniel	Eddison	(M Sen)	Shettleston Harriers
Gareth	Ellor	(M40)	Shettleston Harriers
Robert	Ferrol	(M Sen)	Shettleston Harriers
Weynay	Ghebreselassie	(M Sen)	Shettleston Harriers
Andrew	Gibson	(M Sen)	Shettleston Harriers
Ross	Gollan	(M Sen)	Shettleston Harriers
Amanuel	Hagos	(M Sen)	Shettleston Harriers
Walter	Henderson	(M50)	Shettleston Harriers
David I	Houston	(M Sen)	Shettleston Harriers
Scott	Kennedy	(M45)	Shettleston Harriers
Andrew	Kirkhope	(M55)	Shettleston Harriers
Jethro	Lennox	(M40)	Shettleston Harriers
Christopher	Lipman	(M Sen)	Shettleston Harriers
Andy	Little	(M50)	Shettleston Harriers
Daniel	Lowe	(M Sen)	Shettleston Harriers
Peter	Mackie	(M40)	Shettleston Harriers
Gerard	Mason	(M55)	Shettleston Harriers
Paul	Masson	(M Sen)	Shettleston Harriers
Donough	McBrearty	(M Sen)	Shettleston Harriers
Duncan	McCauley	(M Sen)	Shettleston Harriers
Mark	McColl	(M40)	Shettleston Harriers
Brian	McGarrity	(M Sen)	Shettleston Harriers
Mark	McKenny	(M Sen)	Shettleston Harriers
Alasdair	McLeod	(M Sen)	Shettleston Harriers

scottishathletics West District Cross Country Relays Championships Beach Park, Irvine
 Saturday 13th October Entry Lists - Males

Forename	Surname	Age Group	Club
Chris	McNally	(M Sen)	Shettleston Harriers
Teweldeberhan	Mengisteab	(M Sen)	Shettleston Harriers
Richard	Millar	(M40)	Shettleston Harriers
John	Milligan	(M45)	Shettleston Harriers
John	Oates	(M55)	Shettleston Harriers
Lachlan	Oates	(M Sen)	Shettleston Harriers
Thomas	Owens	(M Sen)	Shettleston Harriers
Michael	Paxton	(M Sen)	Shettleston Harriers
Lewis	Raeburn	(MU20)	Shettleston Harriers
Kenny	Richmond	(M45)	Shettleston Harriers
Brian	Robertson	(M Sen)	Shettleston Harriers
Andrew	Rockett Jackson	(M Sen)	Shettleston Harriers
Brian	Sally	(M50)	Shettleston Harriers
Craig	Shannon	(M Sen)	Shettleston Harriers
Robert	Simpson	(M Sen)	Shettleston Harriers
Paul	Sorrie	(M Sen)	Shettleston Harriers
Ryan	Stewart	(M Sen)	Shettleston Harriers
Matthew	Sullivan	(M Sen)	Shettleston Harriers
Tsegai	Tewelde	(M Sen)	Shettleston Harriers
Darren	Thom	(M Sen)	Shettleston Harriers
James	Thompson	(M Sen)	Shettleston Harriers
Alastair	Thurlbeck	(M Sen)	Shettleston Harriers
Gary	Turner	(M Sen)	Shettleston Harriers
Matthew	Turner	(M Sen)	Shettleston Harriers
Denis	Williams	(M55)	Shettleston Harriers
Stephen	Winter	(M40)	Shettleston Harriers

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Joseph Junior	Chambers	(M Sen)	Springburn Harriers
Jack	McCabe	(M Sen)	Springburn Harriers
Andy	Norris	(M Sen)	Springburn Harriers
Alistair	Peat	(M40)	Springburn Harriers
Matthew	Adamson	(MU20)	Strathclyde Univ Harriers
James	Dobbie	(M Sen)	Strathclyde Univ Harriers
Craig	Jervis	(MU20)	Strathclyde Univ Harriers
Fraser	Mackenzie	(M Sen)	Strathclyde Univ Harriers
Ruaraidh	Mackenzie	(M Sen)	Strathclyde Univ Harriers
Jamie	Mclaren	(M Sen)	Strathclyde Univ Harriers
Terry	Mulholland	(M Sen)	Strathclyde Univ Harriers
Scott	Partyka	(M Sen)	Strathclyde Univ Harriers
Matthew	Paulo	(M Sen)	Strathclyde Univ Harriers
Kieran	Pugh	(M Sen)	Strathclyde Univ Harriers
Lewis	Ross	(MU20)	Strathclyde Univ Harriers
Scott	Steven	(M Sen)	Strathclyde Univ Harriers
Marc	Austin	(M Sen)	VP-Glasgow AC
Fergus	Blyth	(MU20)	VP-Glasgow AC
Christopher	Boyle	(M Sen)	VP-Glasgow AC
Calum	Brown	(MU20)	VP-Glasgow AC
Steven	Bryce	(M Sen)	VP-Glasgow AC
Ralph	Connolly	(M50)	VP-Glasgow AC
Thomas	Connolly	(MU20)	VP-Glasgow AC
Martin	Hayes	(M Sen)	VP-Glasgow AC
Callum	Heirs	(M Sen)	VP-Glasgow AC
Peter	Jardine	(M50)	VP-Glasgow AC
Andrew	Law	(M60)	VP-Glasgow AC
Crawford	Little	(M50)	VP-Glasgow AC
Max	Milarvie	(MU20)	VP-Glasgow AC
Jonathan	Miller	(M50)	VP-Glasgow AC
Charlie	Murray	(M55)	VP-Glasgow AC
Alex	Potter	(M55)	VP-Glasgow AC
Lewis	Priest	(MU20)	VP-Glasgow AC
Kieron	Rafferty	(M Sen)	VP-Glasgow AC
Max	Ralston	(M Sen)	VP-Glasgow AC
Allan	Ramsay	(M Sen)	VP-Glasgow AC
Peter	Ramsay	(M55)	VP-Glasgow AC
Daniel	Smith	(MU20)	VP-Glasgow AC
Robbie	Smith	(MU20)	VP-Glasgow AC

Saturday 13th October

Entry Lists - Males

Forename	Surname	Age Group	Club
Kevin	Baird	(M Sen)	Westerlands XC Club
Chris	Furse	(M50)	Westerlands XC Club
Gordon	McCaffrey	(M60)	Westerlands XC Club
Graeme	Orr	(M70)	Westerlands XC Club
Johnston	Orr	(M40)	Westerlands XC Club
Daniel	Reid	(M60)	Westerlands XC Club
Marc	Roper	(M55)	Westerlands XC Club
Ian	Thurlbeck	(M50)	Westerlands XC Club

scottishathletics West District Cross Country Relay Championships Beach Park, Irvine
 Saturday 13th October Entry Lists - Young Females

Forename	Surname	Age Group	Club
Catriona	Paton	(FU17)	Annan & District AC
Nicole	Ritchie	(GU13)	Annan & District AC
Isla	Cooper	(GU15)	Annan & District AC
Rosie	Davidson	(FU17)	Ayr Seaforth AC
Emma	Frew	(FU17)	Ayr Seaforth AC
Evie	Mackay	(FU17)	Ayr Seaforth AC
Charlotte	McDowall	(FU17)	Ayr Seaforth AC
Jessica	Donnelly	(GU13)	Ayr Seaforth AC
Iona Stroma	Hubbard	(GU13)	Ayr Seaforth AC
Anna	Kirk	(GU13)	Ayr Seaforth AC
Sophie	McCallum	(GU13)	Ayr Seaforth AC
Sophie	McColm	(GU13)	Ayr Seaforth AC
Clare	McLaughlin	(GU13)	Ayr Seaforth AC
Emma	McMillan	(GU13)	Ayr Seaforth AC
Katie	Murray	(GU13)	Ayr Seaforth AC
Drew	Walker	(GU13)	Ayr Seaforth AC
India	Boyd	(GU15)	Ayr Seaforth AC
Sylvia	Home	(GU15)	Ayr Seaforth AC
Islay	Hubbard	(GU15)	Ayr Seaforth AC
Morven	Hubbard	(GU15)	Ayr Seaforth AC
Morven	Montgomery	(GU15)	Ayr Seaforth AC
Cara	Wotherspoon	(FU17)	Bellahouston Harriers
Emma	Kingston	(GU15)	Bellahouston Harriers
Annabelle	Leitch	(GU15)	Bellahouston Harriers
Renee	Conneff	(GU15)	Calderglen Harriers

scottishathletics West District Cross Country Relay Championships Beach Park, Irvine
Saturday 13th October Entry Lists - Young Females

Forename	Surname	Age Group	Club
Chloe	Burton	(FU17)	Cambuslang Harriers
Milla	Hamilton	(FU17)	Cambuslang Harriers
Susie	McLaughlin	(FU17)	Cambuslang Harriers
Lucy	Stobie	(FU17)	Cambuslang Harriers
Mya	Carmichael	(GU13)	Cambuslang Harriers
Morvern	Crawford	(GU13)	Cambuslang Harriers
Francesca	Fairweather	(GU13)	Cambuslang Harriers
Lucy	McGrandle	(GU13)	Cambuslang Harriers
Eva	Ritchie	(GU13)	Cambuslang Harriers
Korin	Weir-Stewart	(GU13)	Cambuslang Harriers
Shona	Carey	(GU15)	Cambuslang Harriers
Eilidh	Kennedy	(GU15)	Cambuslang Harriers
Maura	Mackinnon	(GU15)	Cambuslang Harriers
Millie	Nicholl	(GU15)	Cambuslang Harriers
Niamh	Riggins	(GU15)	Cambuslang Harriers
Peggy-Nan	Rodger	(GU15)	Cambuslang Harriers
Jade	Milne	(FU17)	Clydesdale Harriers
Lucy	Denholm	(GU13)	Clydesdale Harriers
Erin	McCarter	(GU13)	Clydesdale Harriers
Millie	Robertson	(GU13)	Clydesdale Harriers
Lucy	Tolland	(GU13)	Clydesdale Harriers
Polly	Anderson	(GU15)	Clydesdale Harriers
Heather	McDaid	(GU15)	Clydesdale Harriers
Mhairi	Quinn	(FU17)	Cumbernauld AAC
Rebekah	Lawman	(GU13)	Cumbernauld AAC
Keri	Welsford	(GU13)	Cumbernauld AAC
Caoimhe	Quail	(GU15)	Cumbernauld AAC
Hannah	Anderson	(FU17)	East Kilbride A.C.
Rachel	Davidson	(GU13)	East Kilbride A.C.
Cara	Gilbride	(GU13)	East Kilbride A.C.
Amber	Muirhead	(GU13)	East Kilbride A.C.
Hannah	Mulholland	(GU13)	East Kilbride A.C.
Lucy	O'Neil	(GU13)	East Kilbride A.C.
Olivia	Carlin	(GU15)	East Kilbride A.C.
Orla	Houghton	(GU15)	East Kilbride A.C.
Abbie	Kirwan	(GU15)	East Kilbride A.C.
Emma	Livingstone	(GU15)	East Kilbride A.C.
Cara	McAneny	(GU15)	East Kilbride A.C.
Holly	McAneny	(GU15)	East Kilbride A.C.
Leah	Muirhead	(GU15)	East Kilbride A.C.

scottishathletics West District Cross Country Relay Championships Beach Park, Irvine
Saturday 13th October Entry Lists - Young Females

Forename	Surname	Age Group	Club
Ffion	Mann	(GU13)	Garscube Harriers
Kirsten	Berry	(GU15)	Garscube Harriers
Isabelle	Burnside	(GU15)	Garscube Harriers
Anya	Maclean	(GU15)	Garscube Harriers
Annabel	Ballantyne	(FU17)	Giffnock North AC
Laura-Jane	Bertram	(FU17)	Giffnock North AC
Jill	Carswell	(FU17)	Giffnock North AC
Lara	Cassidy	(FU17)	Giffnock North AC
Emma	Chamberlain	(FU17)	Giffnock North AC
Helen	Chong	(FU17)	Giffnock North AC
Francesca	Davidson	(FU17)	Giffnock North AC
Leila	Hickey-Fugaccia	(FU17)	Giffnock North AC
Katy	Donnelly	(GU13)	Giffnock North AC
Abigail	Flower	(GU13)	Giffnock North AC
Ava	Flynn	(GU13)	Giffnock North AC
Erin	McKay	(GU13)	Giffnock North AC
Emma	McLennan	(GU13)	Giffnock North AC
Hazel	O'Donoghue	(GU13)	Giffnock North AC
Caitlin	Smillie	(GU13)	Giffnock North AC
Sarah	Stewart	(GU13)	Giffnock North AC
Amy	Vincent	(GU13)	Giffnock North AC
Ruby	White	(GU13)	Giffnock North AC
Tuscany	Wright	(GU13)	Giffnock North AC
Kirsty	Wylie	(GU13)	Giffnock North AC
Eva	Chong	(GU15)	Giffnock North AC
Bethany	Drummond	(GU15)	Giffnock North AC
Zoe	Flower	(GU15)	Giffnock North AC
Jessica	Gibson	(GU15)	Giffnock North AC
Caoilfhinn	MacKenzie	(GU15)	Giffnock North AC
Mia	McBain	(GU15)	Giffnock North AC
Niamh	McWilliams	(GU15)	Giffnock North AC
Kiara	Meiklejohn	(GU15)	Giffnock North AC
Nuala	O'Donnell	(GU15)	Giffnock North AC
Kirsten	O'Donoghue	(GU15)	Giffnock North AC
Kate	Paul	(GU15)	Giffnock North AC
Isla	Scott	(GU15)	Giffnock North AC
Abby	Thomson	(GU15)	Giffnock North AC
Valencia	Wright	(GU15)	Giffnock North AC

scottishathletics West District Cross Country Relay Championships Beach Park, Irvine
Saturday 13th October Entry Lists - Young Females

Forename	Surname	Age Group	Club
Aimee	Anderson	(FU17)	Glasgow School of Sport
Lisa	Walby	(FU17)	Glasgow School of Sport
Olivia	Warboys	(GU13)	Glasgow School of Sport
Rachel	Warboys	(GU13)	Glasgow School of Sport
Zoe	Wilson	(GU13)	Glasgow School of Sport
Meredith	Reid	(GU15)	Glasgow School of Sport
Mhairi	Moore	(FU17)	Greenock Glenpark Harriers
Ava	Beaton	(GU13)	Greenock Glenpark Harriers
Abbigael	Crawford	(GU13)	Greenock Glenpark Harriers
Katie	Johnson	(GU13)	Greenock Glenpark Harriers
Ruby	Millar	(GU13)	Greenock Glenpark Harriers
Ruby	McGill	(GU15)	Greenock Glenpark Harriers
Alyshia	Singleton	(GU15)	Greenock Glenpark Harriers
Abbie	Tosh	(GU15)	Greenock Glenpark Harriers
Olivia	Trainer	(GU15)	Greenock Glenpark Harriers
Katie	Flett	(FU17)	Helensburgh AAC
Eva	Rooney	(GU13)	Helensburgh AAC
Maddie	Rooney	(GU13)	Helensburgh AAC
Evelyn	Dennison	(GU15)	Helensburgh AAC
Lexy	Kenhard	(GU15)	Helensburgh AAC
Jennifer	Scott	(GU15)	Helensburgh AAC
Nyah	Gillan	(FU17)	Inverclyde AC
Cliona	McCheyne	(FU17)	Inverclyde AC
Nuala	McCheyne	(FU17)	Inverclyde AC
Zoe	Renfrew	(FU17)	Inverclyde AC
Leona	Conway	(GU13)	Inverclyde AC
Millie	Paton	(GU13)	Inverclyde AC
Kate	Seggie	(GU13)	Inverclyde AC
Hannah	Thomson	(GU13)	Inverclyde AC
Abi	Hammerman	(GU15)	Inverclyde AC
Erin	Law	(GU15)	Inverclyde AC
Orla	McGeehan	(GU15)	Inverclyde AC

Saturday 13th October

Entry Lists - Young Females

Forename	Surname	Age Group	Club
Laine	Alemu	(FU17)	Kilbarchan AAC
Eilidh	Gibson	(FU17)	Kilbarchan AAC
Leona	Murray	(FU17)	Kilbarchan AAC
Alisha	Sivell	(FU17)	Kilbarchan AAC
Millie	Spence	(FU17)	Kilbarchan AAC
Libby	Sutherland	(FU17)	Kilbarchan AAC
Charlotte	Clark	(GU13)	Kilbarchan AAC
Kirsty	Hutton	(GU13)	Kilbarchan AAC
Sarah	Lyle	(GU13)	Kilbarchan AAC
Caitlin	MacKenzie	(GU13)	Kilbarchan AAC
Isla	Marshall	(GU13)	Kilbarchan AAC
Millie	McSharry	(GU13)	Kilbarchan AAC
Ellie	Nayar	(GU13)	Kilbarchan AAC
Amy	Teasdale	(GU13)	Kilbarchan AAC
Zoe	Turnbull	(GU13)	Kilbarchan AAC
Abbie	Alemu	(GU15)	Kilbarchan AAC
Chloe	Cameron	(GU15)	Kilbarchan AAC
Kirstie	Cochran	(GU15)	Kilbarchan AAC
Sarah	Forbes	(GU15)	Kilbarchan AAC
Louise	Hastie	(GU15)	Kilbarchan AAC
Lauren	Hunter	(GU15)	Kilbarchan AAC
Evie	Livingstone	(GU15)	Kilbarchan AAC
Nicole	Macgilp	(GU15)	Kilbarchan AAC
Rachel	Muir	(GU15)	Kilbarchan AAC
Aurelia	Tiffoney	(GU15)	Kilbarchan AAC
Sophie	Caufield	(FU17)	Kilmarnock H&AC
Laura	Jedrusiak	(FU17)	Kilmarnock H&AC
Abby	Lauchlan	(FU17)	Kilmarnock H&AC
Leonie	McCutcheon	(FU17)	Kilmarnock H&AC
Madison	McKerrell	(FU17)	Kilmarnock H&AC
Molly	Murray	(FU17)	Kilmarnock H&AC
Mhairi	Ballantyne	(GU13)	Kilmarnock H&AC
Jennie	Munro	(GU13)	Kilmarnock H&AC
Lily	Murray	(GU13)	Kilmarnock H&AC
Isla	Tonner	(GU13)	Kilmarnock H&AC
Eilidh	Ballantyne	(GU15)	Kilmarnock H&AC
Mhairi	Chalmers	(GU15)	Kilmarnock H&AC
Lucy	Hoy	(GU15)	Kilmarnock H&AC
Victoria	McDowall	(GU15)	Kilmarnock H&AC
Isla	Raeburn	(GU15)	Kilmarnock H&AC

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Forename	Surname	Age Group	Club
Kayla	Mccandlish	(FU17)	Kirkintilloch Olympians
Eve	Reilly	(FU17)	Kirkintilloch Olympians
Iona	Smith	(FU17)	Kirkintilloch Olympians
Anna	Brown	(GU13)	Kirkintilloch Olympians
Olivia	Mahon	(GU13)	Kirkintilloch Olympians
Ciara	Brown	(GU15)	Kirkintilloch Olympians
Lucie	Brown	(GU15)	Kirkintilloch Olympians
Mhairi	McGregor	(GU15)	Kirkintilloch Olympians
Rachel	Paton	(GU15)	Kirkintilloch Olympians
Annie	Barr	(FU17)	Law & District AAC
Rachel	Donnelly	(FU17)	Law & District AAC
Jessica	Robson	(FU17)	Law & District AAC
Jessica	Inglis	(GU13)	Law & District AAC
Molly	Kennedy	(GU13)	Law & District AAC
Laila	McRae	(GU13)	Law & District AAC
Hannah	Todd	(GU13)	Law & District AAC
Amanda	Quinn	(GU15)	Law & District AAC
Skye	Rae	(GU13)	Nithsdale AC
Tilly	Wilson-Machin	(GU15)	Nithsdale AC
Emma	Donachy	(FU17)	North Ayrshire AC
Carla	Murray	(FU17)	North Ayrshire AC
Megan	Pettigrew	(FU17)	North Ayrshire AC
Aoibha	Ballard	(GU13)	North Ayrshire AC
Niamh	Gaffney	(GU13)	North Ayrshire AC
Evie	Hardy	(GU13)	North Ayrshire AC
Amy	Scott	(GU13)	North Ayrshire AC
Adele	Street	(GU13)	North Ayrshire AC
Rana	Tatar	(GU13)	North Ayrshire AC
Mary Jane	McInally	(GU15)	North Ayrshire AC
Niamh	Murphy	(GU15)	North Ayrshire AC
Leah	Murray	(GU15)	North Ayrshire AC
Elsie	Hollywood	(FU17)	Shettleston Harriers
Violet	Campbell	(GU13)	Shettleston Harriers
Jessica	Grant	(GU13)	Shettleston Harriers
Evelyn	Rodger	(GU13)	Shettleston Harriers
Erin	Ellor	(GU15)	Shettleston Harriers
Chloe	Orr	(GU15)	Shettleston Harriers
Kamryn	Wilson	(GU15)	Shettleston Harriers

Saturday 13th October

Entry Lists - Young Females

Forename	Surname	Age Group	Club
Emma	Gilmour	(FU17)	VP-Glasgow AC
Jenna	Little	(FU17)	VP-Glasgow AC
Meghna	Sharma	(FU17)	VP-Glasgow AC
Seona	Brown	(GU13)	VP-Glasgow AC
Amy	Byrne	(GU13)	VP-Glasgow AC
Zoe	Loughrey	(GU13)	VP-Glasgow AC
Amiya	Patel	(GU13)	VP-Glasgow AC
Sophie	Sinclair	(GU13)	VP-Glasgow AC
Orla	Stewart	(GU13)	VP-Glasgow AC
Ruth	Walsh	(GU13)	VP-Glasgow AC
Róisín	Cameron Coyle	(GU15)	VP-Glasgow AC
Liya	De Laet-Pinder	(GU15)	VP-Glasgow AC
Lily	Blair	(GU13)	VP-Glasgow AC
Courtney	Fraser	(GU13)	Whitemoss AAC
Katie	Pickles	(GU13)	Whitemoss AAC

Saturday 13th October

Entry Lists - Young Males

Forename	Surname	Age Group	Club
Calum	Hannah	(BU13)	Ayr Seaforth AC
Brodie	McGregor	(BU13)	Ayr Seaforth AC
Calum	Moir	(BU13)	Ayr Seaforth AC
Connor	Scobie	(BU13)	Ayr Seaforth AC
Adam	Currie	(BU13)	Ayr Seaforth AC
Cameron	Johnson	(BU13)	Ayr Seaforth AC
Daniel	Byers	(BU13)	Ayr Seaforth AC
Daniel	O'Brien	(BU13)	Ayr Seaforth AC
Alexander	Crooks	(BU15)	Ayr Seaforth AC
Euan	Bell	(BU15)	Ayr Seaforth AC
Joshua	Mirtle	(BU15)	Ayr Seaforth AC
Fergus	Muir	(BU15)	Ayr Seaforth AC
Scott	Sprang	(MU17)	Ayr Seaforth AC
Logan	Cotter	(MU17)	Ayr Seaforth AC
Max	McLean	(MU17)	Ayr Seaforth AC
Findlay	Muir	(BU13)	Ayr Seaforth AC
Leo	Brooke	(BU13)	Ayr Seaforth AC
Fraser	McIntyre	(BU13)	Ayr Seaforth AC

Saturday 13th October

Entry Lists - Young Males

Forename	Surname	Age Group	Club
Blaise	Cochrane	(BU13)	Cambuslang Harriers
Jamie	Kennedy	(BU13)	Cambuslang Harriers
Brodie	McDonald	(BU13)	Cambuslang Harriers
Christopher	Black	(BU13)	Cambuslang Harriers
Sam	McCarthy	(BU13)	Cambuslang Harriers
Jay	Gallacher	(BU13)	Cambuslang Harriers
Barry	Masterton	(BU13)	Cambuslang Harriers
Dylan	Stefani	(BU13)	Cambuslang Harriers
Ben	MacDougall	(BU13)	Cambuslang Harriers
Reece	Duncan	(BU13)	Cambuslang Harriers
Zak	Povey	(BU15)	Cambuslang Harriers
Ross	Noble	(BU15)	Cambuslang Harriers
Robbie	Woods	(BU15)	Cambuslang Harriers
Mark	Cassidy	(BU15)	Cambuslang Harriers
Joa	Fairweather	(BU15)	Cambuslang Harriers
Stewart	Millard	(BU15)	Cambuslang Harriers
Lewis	Roddis	(BU15)	Cambuslang Harriers
Fearghus	MacGregor	(BU15)	Cambuslang Harriers
Christopher	McLew	(MU17)	Cambuslang Harriers
Ruairidh	MacGregor	(MU17)	Cambuslang Harriers
Michael	Black	(MU17)	Cambuslang Harriers
Brodie	Aitken	(MU17)	Cambuslang Harriers
Aaron	Grew	(MU17)	Cambuslang Harriers
Jack	MacKinnon	(MU17)	Cambuslang Harriers
Keir	Crawford	(MU17)	Cambuslang Harriers
Sean	Friel	(MU17)	Cambuslang Harriers
Jack	MacKinnon	(MU17)	Cambuslang Harriers
Archie	Orr	(BU13)	Clydesdale Harriers
Reece	Ferguson	(BU13)	Clydesdale Harriers
Jamie	Macpherson	(BU13)	Clydesdale Harriers
Joshua	McLaren	(BU13)	Clydesdale Harriers
Lewis	Thackery	(BU13)	Clydesdale Harriers
Adam	McAllister	(BU13)	Clydesdale Harriers
Fraser	McKechnie	(BU15)	Clydesdale Harriers
John	Docherty	(MU17)	Clydesdale Harriers
Jake	MacPherson	(MU17)	Clydesdale Harriers

Saturday 13th October

Entry Lists - Young Males

Forename	Surname	Age Group	Club
Rory	Elliott	(BU13)	Cumbernauld AAC
Finn	McCafferty	(BU13)	Cumbernauld AAC
Luke	Tervit	(BU15)	Cumbernauld AAC
Rory	Murray	(BU13)	Cumbernauld AAC
Grant	McEachern	(BU13)	Cumbernauld AAC
Max	Mccafferty	(BU15)	Cumbernauld AAC
Calum	Mackenzie	(BU15)	Cumbernauld AAC
Cameron	Brolly	(BU15)	Cumbernauld AAC
Dylan	Elliott	(MU17)	Cumbernauld AAC
Frankie	Quail	(MU17)	Cumbernauld AAC
Christopher	Main	(MU17)	Cumbernauld AAC
Jacob	Brown	(MU17)	Cumbernauld AAC
Sam	Hosie	(BU13)	East Kilbride A.C.
Cameron	MacDonald	(BU15)	East Kilbride A.C.
Thomas	O'Neil	(BU15)	East Kilbride A.C.
Hamish	Anderson	(MU17)	East Kilbride A.C.
Jackson	Adams	(BU13)	Garscube Harriers
Matthew	Burnside	(BU13)	Garscube Harriers
Daniel	Gray	(BU13)	Garscube Harriers
Cameron	Berry	(BU15)	Garscube Harriers
Finlay	Ross-Davie	(BU15)	Garscube Harriers
Gregor	Murdoch	(BU15)	Garscube Harriers
Jack	Trainer	(MU17)	Garscube Harriers
James	Cathro	(MU17)	Garscube Harriers

Saturday 13th October

Entry Lists - Young Males

Forename	Surname	Age Group	Club
Calan	Chong	(BU13)	Giffnock North AC
Shay	Garioch	(BU13)	Giffnock North AC
Cameron	Harris	(BU13)	Giffnock North AC
Mark	MacInnes	(BU13)	Giffnock North AC
James	Mowat	(BU13)	Giffnock North AC
Matthew	Murphy	(BU13)	Giffnock North AC
Craig	Shennan	(BU13)	Giffnock North AC
Cormac	Shiels	(BU13)	Giffnock North AC
Jack	Wallace	(BU13)	Giffnock North AC
James	Wylie	(BU13)	Giffnock North AC
Oliver	MacDonald	(BU13)	Giffnock North AC
Craig	Cameron	(BU15)	Giffnock North AC
Andrew	Combe	(BU15)	Giffnock North AC
Matthew	Cox	(BU15)	Giffnock North AC
Cameron	Green	(BU15)	Giffnock North AC
Jacob	Luc	(BU15)	Giffnock North AC
Reuben	Macdonald	(BU15)	Giffnock North AC
Michael	Nolan	(BU15)	Giffnock North AC
Harris	Paterson	(BU15)	Giffnock North AC
Hugh	Shiels	(BU15)	Giffnock North AC
Toby	MacDonald	(BU15)	Giffnock North AC
Hamish	Armitt	(MU17)	Giffnock North AC
Jack	Bell	(MU17)	Giffnock North AC
Ethan	Carolan	(MU17)	Giffnock North AC
Donald	Maclean	(MU17)	Giffnock North AC
Lewis	Mitchell	(MU17)	Giffnock North AC
Eoghan	O'Donnell	(MU17)	Giffnock North AC
Andrew	Robertson	(MU17)	Giffnock North AC
Blayne	Wright	(MU17)	Giffnock North AC
Josh	Scott	(BU13)	Glasgow School of Sport
Cameron	McIndoe	(BU13)	Glasgow School of Sport
Matthew	Stewart	(BU15)	Glasgow School of Sport
Geordan	Davis	(BU15)	Glasgow School of Sport
Ross J	Whitelaw	(MU17)	Glasgow School of Sport
Lewis	Elliot	(MU17)	Glasgow School of Sport

scottishathletics West District Cross Country Relay Championships Beach Park, Irvine
Saturday 13th October Entry Lists - Young Males

Forename	Surname	Age Group	Club
Shaun	Wiseman	(BU15)	Greenock Glenpark Harriers
Cameron	Patton	(BU15)	Greenock Glenpark Harriers
Alex	Wiseman	(BU15)	Greenock Glenpark Harriers
Jude	Dolan	(BU15)	Greenock Glenpark Harriers
Alan	Mollins	(MU17)	Greenock Glenpark Harriers
Harry	McGill	(MU17)	Greenock Glenpark Harriers
Ewan	Ferguson	(MU17)	Greenock Glenpark Harriers
Ben	Campbell	(BU13)	Greenock Glenpark Harriers
Jack	Hay	(BU13)	Greenock Glenpark Harriers
David	Docherty	(BU13)	Greenock Glenpark Harriers
Nathan	Adams	(BU13)	Greenock Glenpark Harriers
Matthew	Gall	(BU13)	Helensburgh AAC
William	Scott	(BU13)	Helensburgh AAC
Jock	Cordner	(BU13)	Helensburgh AAC
Matthew	Cameron	(BU15)	Helensburgh AAC
Tayven	Adamson	(BU13)	Inverclyde AC
Keir	Arthur	(BU13)	Inverclyde AC
Layton	Carter	(BU13)	Inverclyde AC
Harris	Morrison	(BU13)	Inverclyde AC
Caleb	Dunning	(BU15)	Inverclyde AC
Robert	Gray	(BU15)	Inverclyde AC
Lewis	Hainey	(BU15)	Inverclyde AC
Jonathan	Cameron	(BU15)	Inverclyde AC
Josh	Law	(MU17)	Inverclyde AC
Ben	Nichol	(MU17)	Inverclyde AC
Andrew	Winter	(MU17)	Inverclyde AC
Ross	Davidson	(MU17)	Inverclyde AC

Saturday 13th October

Entry Lists - Young Males

Forename	Surname	Age Group	Club
Ryan	Knights	(BU13)	Kilbarchan AAC
Oliver	Patton	(BU13)	Kilbarchan AAC
Luke	Lindsay	(BU13)	Kilbarchan AAC
Luis	Cameron	(BU13)	Kilbarchan AAC
Ryan	Fitzpatrick	(BU13)	Kilbarchan AAC
Jack	Kennedy	(BU13)	Kilbarchan AAC
Matthew	New	(BU13)	Kilbarchan AAC
Luke	Lindsay	(BU13)	Kilbarchan AAC
Colin	Arthur	(BU15)	Kilbarchan AAC
Ross	Hastie	(BU15)	Kilbarchan AAC
Fraser	Montgomery	(BU15)	Kilbarchan AAC
Martin	Burnhope	(BU15)	Kilbarchan AAC
Robert	Gunson	(BU15)	Kilbarchan AAC
Ross	Kennedy	(BU15)	Kilbarchan AAC
Jack	Mitchell	(BU15)	Kilbarchan AAC
Michael	Murray	(BU15)	Kilbarchan AAC
Lewis	Barclay	(MU17)	Kilbarchan AAC
Lewis	Hannigan	(MU17)	Kilbarchan AAC
Jack	Patton	(MU17)	Kilbarchan AAC
Hunter	Daws	(MU17)	Kilbarchan AAC
Finn	Fowler	(MU17)	Kilbarchan AAC
Gavin	Mckay	(MU17)	Kilbarchan AAC
Cameron	McKenzie	(MU17)	Kilbarchan AAC
Finn	Burns	(BU13)	Kilbarchan AAC
Alistair	Gordon	(BU13)	Kilbarchan AAC
Magnus	Morris	(BU13)	Kilbarchan AAC
Robbie	Stevenson	(BU13)	Kilbarchan AAC
Cameron	Dawson	(BU13)	Kilbarchan AAC
Ramsay	McLeod	(BU13)	Kilbarchan AAC
Christopher	Smyth	(BU13)	Kilbarchan AAC
Cillian	MacQuarrie	(BU13)	Kilbarchan AAC
Isaac	O'Neill	(BU15)	Kilbarchan AAC
Lewis	Anderson	(BU15)	Kilbarchan AAC
David	McNair	(MU17)	Kilbarchan AAC
Eoighan	Small	(MU17)	Kilbarchan AAC

Saturday 13th October

Entry Lists - Young Males

Forename	Surname	Age Group	Club
Charlie	Gaskin	(BU13)	Kilmarnock H&AC
Frazer	Sands	(BU13)	Kilmarnock H&AC
Jamie	Phillips	(BU13)	Kilmarnock H&AC
Jordan	Phillips	(BU13)	Kilmarnock H&AC
Ruaraidh	McNulty	(BU13)	Kilmarnock H&AC
Brayden	Dean	(BU13)	Kilmarnock H&AC
Ollie	Fraser	(BU13)	Kilmarnock H&AC
Rory	Steven	(BU13)	Kilmarnock H&AC
Sam	Lindsay	(BU15)	Kilmarnock H&AC
Taylor	Cadwell	(BU15)	Kilmarnock H&AC
Jonathon	Downey	(BU15)	Kilmarnock H&AC
Charlie	McNulty	(BU15)	Kilmarnock H&AC
Lewis	Ferguson	(MU17)	Kilmarnock H&AC
Ryan	Littlejohn	(MU17)	Kilmarnock H&AC
Gregor	Smith	(BU13)	Kirkintilloch Olympians
Crawford	Smith	(BU13)	Kirkintilloch Olympians
Ross	Pinkerton	(BU15)	Kirkintilloch Olympians
Matthew	Porteous	(MU17)	Kirkintilloch Olympians
Klye	Paterson	(MU17)	Kirkintilloch Olympians
Daniel	Lee	(BU13)	Law & District AAC
Logan	Whitton	(BU13)	Law & District AAC
Scott	McAdam	(BU13)	Law & District AAC
Euan	Blackwood	(BU13)	Law & District AAC
Christopher	Barrett	(BU15)	Law & District AAC
Craig	Cherrie	(BU15)	Law & District AAC
Cameron	Fry	(BU15)	Law & District AAC
Robbie	Nugent	(BU15)	Law & District AAC
Matthew	Gillon	(MU17)	Law & District AAC
Finn	Milligan	(MU17)	Law & District AAC
David John	Nugent	(MU17)	Law & District AAC
Daniel	Munday	(MU17)	Law & District AAC
Cameron	Robertson	(BU13)	Nithsdale AC
Dylan	Walton	(BU15)	Nithsdale AC
Davie	Houston	(BU15)	Nithsdale AC
Harris	McNicol	(BU13)	North Ayrshire AC
Aiden	Mcwhirter	(BU13)	North Ayrshire AC
Alexander	Orderley	(MU17)	North Ayrshire AC
Euan	Comrie	(MU17)	North Ayrshire AC
Ben	Heron	(BU13)	North Ayrshire AC
Ross	Booth	(BU13)	North Ayrshire AC

Saturday 13th October

Entry Lists - Young Males

Forename	Surname	Age Group	Club
Euan	Charlwood	(BU15)	Shettleston Harriers
Johnny	Burns	(BU13)	Shettleston Harriers
Ide Waberi	Muuse	(BU13)	Shettleston Harriers
Joseph	Reilly	(BU13)	Shettleston Harriers
Ethan	Ofoegbu	(BU13)	Shettleston Harriers
Adam	Clifford	(BU13)	Shettleston Harriers
Theo	Carter	(MU17)	Shettleston Harriers
Gregor	Campbell	(BU15)	Shettleston Harriers
David	Woods	(BU15)	Shettleston Harriers
Rios-Benjamin	Dickens	(BU15)	Shettleston Harriers
Kasey	Fraser	(MU17)	Shettleston Harriers
Lewis	Hunt	(MU17)	Shettleston Harriers
Ethan Andrew	Wilson	(MU17)	Shettleston Harriers
Saul	McGlennan	(BU13)	VP-Glasgow AC
David	Kirkpatrick	(BU13)	VP-Glasgow AC
Eoghan	Connolly	(BU15)	VP-Glasgow AC
Oscar	Moogan Sharratt	(BU13)	VP-Glasgow AC
Reece	Hamilton	(BU13)	VP-Glasgow AC
Fraser	Gilmour	(BU15)	VP-Glasgow AC
Callum	Paterson	(BU15)	VP-Glasgow AC
Ruairidh	Allen	(BU15)	VP-Glasgow AC
Jake	Speirs	(BU15)	VP-Glasgow AC
Callum	Byrne	(MU17)	VP-Glasgow AC